

# Do you care for someone?

A parent? A child? A partner? A friend or neighbour?

A carer is someone who provides help and support to a partner, child, relative or friend who could not manage without this help. The support that carers provide is unpaid.

## We can help you with:

- Carers Assessment
- Financial Grant to get a break from caring
- Carers Emergency Card Scheme
- Support groups
- Information
- Individual appointments

Talk to us  
today!



For further information please contact us on 020 8960 3033 or email [info@carers-network.co.uk](mailto:info@carers-network.co.uk)